

Coffee Club

Morning Hockey Series

Oct 1	Mon	Cairns 1	6:00 - 7:00 am
Oct 8	Mon	Cairns 1	6:00 - 7:00 am
Oct 15	Mon	Cairns 1	6:00 - 7:00 am
Oct 22	Mon	Cairns 1	6:00 - 7:00 am
Oct 29	Mon	Cairns 1	6:00 - 7:00 am
Nov 5	Mon	Cairns 1	6:00 - 7:00 am
Nov 12	Mon	Cairns 1	6:00 - 7:00 am
Nov 19	Mon	Cairns 1	6:00 - 7:00 am
Nov 26	Mon	Cairns 1	6:00 - 7:00 am
Dec 3	Mon	Cairns 1	6:00 - 7:00 am
Dec 10	Mon	Cairns 1	6:00 - 7:00 am
Dec 17	Mon	Cairns 1	6:00 - 7:00 am

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MORNING HOCKEY SERIES



Register online at:
www.fullstride.com

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MORNING HOCKEY SERIES

Fall 2007 Registration

Return with payment to:

full stride

20 Kimball Ave, Suite 204
S. Burlington, VT 05403

Phone: 802-652-9010 or
800-994-6406
fax: 802-652-0000

Name: _____

Mailing Address: _____

Phone: (h) _____ (w) _____

- Season \$145.00 (12 sessions)
 ½ Season \$80.00 (any 6 sessions)
 Per session \$15.00 (x number of sessions)

Payment Method: Check Visa MasterCard

Amount \$ _____

Card # _____ - _____ - _____ - _____ Exp: _____

Signature: _____

PLAY BETTER! PLAY FOREVER!

Hockey is a dangerous sport. Participation can result in injury or death. All players agree to hold harmless Full Stride, its employees, subcontractors, and agents for any incident, accident, or occurrence arising from participation in this program.

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MORNING HOCKEY SERIES

Senior mixed level co-ed recreational early bird scrimmages designed for those of you who like to get your morning off to a competitive start!

The Season:

The Coffee Club will be pre-registered, refereed scrimmages with a 20 player, 2 goalie maximum. Games are a 3 minute warm-up, two 28 minute running time periods. October 1 thru December 17, 2007. 12 scrimmages played at Cairns Arena on Monday mornings from 6-7am.

How to Join:

Individual sign-up only. You must pre-register via email (sharie@fullstride.com) or phone (652-9010). 20 player max.

Season Cost:

Includes FREE coffee!	Season	\$145.00 (12 sessions)
	½ Season	\$80.00 (any 6 sessions)
	Per Session	\$15.00 (please pay before you play)

For More Information:

Call Dan McFall at 652-9010. Or visit us at www.fullstride.com.

The Full Stride Basic Rules:

- No Check
- Full Slapshot
- Co-Ed
- USA Hockey Senior Rules
- Helmet with face protection required!
- *Always a 15 Skater maximum per team*
- ZERO TOLERANCE FOR FIGHTING
- 3 minors in a period = Game Misconduct
- 5 minors in a game = Game Disqualification
- We reserve the right to reassign players as necessary to ensure great play.

League Managed by Dan McFall